



The Colorado Springs Dressage Association

NEWSLETTER

March 2003

Letter From the Editor

As the May show approaches, keep tuned in to find out what you can do to help CSDA flourish. There are many volunteer positions to be filled, lots of rides available and a wonderful clinic with Dr. Max Gahwyler to learn from. We hope to make this year's show a huge success both in turnout and in profitability. Your help is needed! Please also consider sponsoring a class, whether it's a class you ride in, or one you aspire to!

Any news about you, your horse, your barn? Just email me with the information to

slush@drgw.net

All info must be emailed to me by the 3rd of the month to be included. Thanks!

Remember – meetings are held on the third Tuesday of each month at the Sirloin Room (Penrose Equestrian Center) at 6:30pm.

**NEXT MEETING
TUESDAY, MARCH 18, 2003
EQUINE DENTISTRY WITH
DR. JOLYNN PERRY**

From the President

Greetings! Can it be that we winter is finally here! On the other hand maybe it's spring! My horse thinks the latter; why else would she be shedding in 5 degree weather. On sunny days, all the horses at the barn are feeling their oats too or "Strategy" as the case may be, running, bucking and having a grand time horsing around.

I was reading a HorseCity.com article "Take charge of the extra care horses need to stay happy and

health in cold weather" by Annie Eldridge. In the article Dr. Elizabeth Stanley, DVM offers tips for winter horse care. The article is a good review especially with our recent frigid temperatures. Although late in the season I recommend reading the article for more details at <http://www.horsecity.com>. Here are the highlights.

1. Water – horses will not drink frigid water. Dr. Stanley sees increased occurrences of impaction colic in winter, most likely caused by dehydration. Make sure your horse has access to water at 40-50°.
2. Feed grain according to your horse's level of work. If you let your horse down for the winter, cut down his grain. If inclement weather keeps your horse in his stall, feed just a handful of grain to keep him happy.
3. Increase the amount of hay you feed throughout the winter. Hay, not grain, provides the fuel your horse needs to keep warm all winter. The colder the temperature, the more hay you'll need to feed.
4. If your horse lives outside, even the woolliest horse remains vulnerable to the combination of soaking snow or rain coupled with wind. Pastured horses need a wind block for the winter months.
5. When riding in cold weather, allow your horse's muscles to warm up before you begin any serious training. 10-15 minutes of walking and trotting on a loose rein should suffice.
6. After having a winter break, remember to bring your horse back into work at a rate proportional to the amount of time he's had off. Your horse's breeding, age and general fitness level will influence his conditioning program, so seek advice from your vet or a knowledgeable trainer.
7. Never ride your horse hard after he's had several days off, as he can develop azoturia (also called "tying up"), a serious muscle disorder resulting from a build up of lactic acid in his system.

8. If you ride an unclipped horse, limit his work so he doesn't break into a full sweat. If his coat does lather due to exertion, you'll need to walk and rub him down until he's dry to avoid the threat of chill.
9. For clipped horses, keep covered when they're being groomed or are left standing in cross-ties. Outdoor hacks or for warming up cold muscles at the beginning of an indoor ride, use a quarter sheet, or a cooler draped over the horse's back which can be removed as he warms up.
10. Carry a hoof-pick with you whenever you ride outdoors in snow, and always pick out your horse's feet before you bring him in from a snow-laden field.

Stay warm, spring is coming!

Janet A.

CSDA General Meeting Minutes Tuesday, February 18th, 2003

Janet Alexander called the meeting to order at 6:30 pm and the following people were present: Jane McBride, Gretchen Moran, Judi Tobias, Susan Hopkins-Ugnow, Linda Bena, Kassie Bena, Kelly Mozzetta, Judy Carnick, Jeff Slavens, Cici Lee, Simone Windeler, Rosi Blaesius, Mimi Smith, Heather Petersen and Sharon Meazell.

Jane McBride gave a Treasurer's Report; the club's account balance is \$8,190.45. RMDS does not have a state sales tax exemption and a motion was passed to get this for the club; it costs \$25 and Jane will get it.

Janet Alexander gave an update on the Adult Camp, there are 2 slots left. The program is coming along well and there is still space available for ads, as well as for the show program. We are thinking about printing 400 copies of the camp program and these will be distributed at our show, to businesses and at other events. Remember, even if you can't attend the entire camp you can audit any of the presentations or come for any of the meals, just talk to Janet for details.

May Show update: There will be a competitors' party on Friday May 16th at 5pm in the indoor. Members are asked to bring appetizers & desserts. Judy Carnick is organizing who is bringing what so let Judy know what you can bring. We may try to

have a "meet & greet" with Sue Blinks and Dr. Max and have them sign autographs, etc, depending on when their flights get in. Speaking of which, Sue Blinks is still coming to judge as far as we know, she will give us 60 days notice if she needs to cancel. Heather is working on a possible clinic with either Sue Blinks or Lois Heyerdahl on Sunday afternoon the weekend of the show.

The group stall rates for the show are: Friday - Monday or Thursday - Sunday for \$75.

The Max Gahwyler clinic is still on for Monday May 19th; it is full and has a waiting list. We have 12 auditors signed up so far and it will be from 8:30 am-5:15 pm in the indoor.

RMDS is having a Multiple Sclerosis Fund Raiser on May 17th at By the Weghe Farm. They will have a 2hr Freestyle demo and it is geared towards the general public; they are hoping for attendance of 800 people. So far we think this shouldn't affect our show too much as it is geared for the general public.

Next meeting: March 18th, Speaker: Jolynn Perry, DVM, Equine Dentist.

Ideas for upcoming CSDA Events:

Anne Cole will be presenting a proposal for a Centered Riding Clinic at the next meeting.

Janet is working on a Nancy Chesney clinic.

More clinics with John Tukey: cavaletti, basic dressage, horsemanship

Lungeing or Long lining clinic; we may try to do a long lining clinic for the June meeting

Clinics with Sarah Dodge, Sarah Martin

Trail Ride

Please forward any and all comments to one of the board members.

Gretchen Moran gave an excellent demonstration on clipping. See the Clipping Tips by Gretchen elsewhere in this newsletter. Thank you to Gretchen!!!

Respectfully Submitted by Mimi Smith

Quote of the Month

"When I bestride him, I soar. I am a hawk: he trots the air; the earth sings when he touches it; the basest horn of his hoof is more musical than the pipe of Hermes."

—William Shakespeare. King Henry V.

WE LEARNED TO CLIP...

At the Feb. 18 CSDA meeting, Gretchen Moran, presented an interesting demonstration on how to clip a horse. Gretchen, who is the manager of the Penrose Equestrian Center's boarding facility, formerly groomed for Conrad Homfeld, who rode the famous stallion, Abdullah to many international wins in the jumper world.

Gretchen's partner in the clipping project was a very cooperative pony, Breezie. Breezie enjoyed lots of treats for her cooperation. Gretchen demonstrated a trace clip and discussed other types of clips and their uses. She also passed out an info sheet (below) on the hows and whys of clipping your horse. Many thanks to her for sharing her expertise.

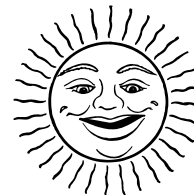
The March meeting will feature a discussion on equine dental care by JoLynn Perry DVM. The meeting will be at the Sirloin Room at Penrose Equestrian Center. The date is March 18.

CLIPPING TIPS BY GRETCHEN

- 1) Start with a clean horse – bathe if possible. Why?
 - a) Saves your clippers
 - b) Clippers won't get as hot
 - c) Horse will have fewer lines from the blades when clean
 - d) The horse's skin won't get as irritated, especially if you have a thin-skinned horse
- 2) Have new or sharpened blades. Why?
 - a) Job will go a lot faster
 - b) You'll have fewer lines and less frustration
- 3) Have more than one set of blades – Blades get very hot – you'll want to switch them out at least once.
- 4) Have a large pair of body clippers for the major areas and a small pair of clippers/trimmers for the head, legs and hard to reach or sensitive areas.
- 5) Have WD40 or blade wash on hand so clippers don't get jammed up. Brush loose hair off blades and horse frequently while clipping.
- 6) Always clip against the hair for a smooth shave. When trimming long hair, hold clippers lightly against the hair and clip in the direction of the hair. This will allow you to make the area look

trimmed and neater without clipping down to the skin. This is a good technique for under the chin and down the back of the legs.

- 7) There are many different sizes of blades. Generally, the higher the number, the closer they shave. I always use #10 blades. #40 are a surgical blade and will shave your horse too close (BIG MISTAKE!)



MAY SHOW SPONSORSHIP

We're still looking for a few (actually a lot) good people to sponsor classes, high points and place ads for the May CSDA show. The more income we can get from these means, the more the show will make, and the more money the club will have for educational activities and clinics!

Class Sponsorships will be \$25. High Point sponsorships will also be \$25. If you'd like to buy or sell ads, they're \$25 for a business card, \$50 for half-page, \$100 for full page and \$150 for inside covers.

Any product donations are also very acceptable, as we'll give them away in drawings to our volunteers and competitors. CSDA is a 501(c)3 nonprofit, so all donations are tax-deductible.

We are also allowing club members who cannot be at the show to buy a class sponsorship in exchange for 1 Volunteer buck or five hours of volunteering towards year-end awards or educational clinic fees.

If you're interested, please contact Heather Petersen, Janet Alexander or Judi Tobias for more information! Thank you!

Horse Blanket
Cleaning & Repair

Pick-up & Delivery
Tues: Vetline in Colorado Springs
Wed: Castle Rock Feed,
Horse & Hound in Franktown
Elizabeth Feed
Call for Pick-up of 10 or more Blankets

Sherry & Bruce Busch
Owners
719.495.8921

Call for Pick-up of 10 or more Blankets

FEBRUARY CVALETTI CLINIC

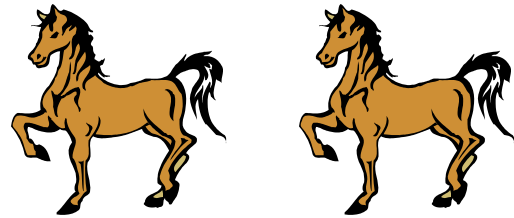
A great big thank you goes out to John Tukey for another successful cavaletti clinic. February 16th found many CSDA members at Five Star Ranch and Equestrian center for a wonderful clinic by John. We had several auditors and 9 pairs of horses and riders. Here's who rode and worked hard!

Rosi Blaseius and Sunspot Sizzle
Kathy Burke and Mumtaz
Brenda Haley and Scepter
Leslie Harrison and Tango
Joanie Johnston and Malachi
Sonja Neely and Cosmo
Heather Petersen and Shadow
Theresa Stephens and DC
Judi Tobias and Bijou

Mimi will be working on similar clinics for the near future, so please contact her with your thoughts and ideas!

When I am an old Horsewoman

When I am an old Horsewoman
I shall wear turquoise and diamonds,
And a straw hat that doesn't suit me.
And I shall spend my social security on white wine
and carrots
and sit in my alleyway of the barn and listen to the
horses breathe.
I will sneak out in the middle of a summer night
and ride the bay gelding.
Across the moonstruck meadow
If my old bones will allow
And when people come to call, I will smile and nod
As I walk past the gardens to the barn and the show
instead the flowers
growing inside the stalls fresh-lines with straw.
I will shovel and sweat and wear hay in my hair, as
if it were a jewel.
And I will be an embarrassment to all
who will not yet have found the peace in being free
to have a horse
be a best friend.
A friend who waits at midnight hour
With a muzzle and a nicker and patient eyes
For the kind of woman I will be
When I am old.



Un-Classified Ads

Double Bridle for Sale - English made, Courbette Weymouth (double) bridle. New condition, fits horse/warmblood. Black and white leather. Includes reins and bits. Bridle sells new for \$260 new, priced at \$200. Contact Jane McBride 598-4496.

H&H Performance Horses New Listings—

**1998 Chestnut, Oldenburg mare, 16.1h, by Rambo (elite Danish Stallion) out of a Hanoverian (Diamond) mare. Well started under saddle, sweet, sound, good gaits, no vices. \$7500, obo.
**Pointmaker Oldenburg gelding, 4 yo, 16.2+, dark brown. Very elegant head and neck, correct conformation, great gaits, sound, healthy, just starting work under saddle. Has had limited attention, but has a loving disposition and good mind. Clips, ties, trailers, good for the farrier. \$8000.

**Contact H&H Performance Horses – Leslie Harrison, DVM (719) 221-2188

www.horsetop.net - The Source for Everything Horse on the front range of Colorado. Free ads and events posted.

Alfalfa Hay - 7 beautiful green alfalfa hay bales for sale. Kept in my garage. I bought for over \$7 each in the Fall and would take \$6 a bale. Contact Jane McBride – 598-4496 mcbride@pcisys.net

PASSIER dressage saddle, 16.5", older model, dark brown, medium tree, refluffed. Long billets, comes with 28" leather girth and leathers. Excellent condition! \$525.00 obo. Contact Jane Fredman, 481-9364 or nordfredco@hotmail.com

For Sale: D.G.Stackhouse Classic style custom dressage saddle, black. 17.5" seat, medium tree. 6 years old, lightly used. very good condition. Pencil knee roll, double flaps. Fittings not included. \$1995. Kathy; 719-495-9270 or email koakey@pcisys.net.

BlackForest Country Living

1100 sq ft unfurnished 2-bedroom mother-in-laws apartment

Private entrance and fenced yard

One horse negotiable

All utilities and trash paid

Direct TV

Looking for single person or couple no kids

\$1000 per month

Call Ron 495-4976 or email bruyneelr@qwest.net

Ansur "Chic" Dressage Saddle for sale

Excellent condition, just over a year old, size "petite" (translation = about 16.5"-17" seat size), black with suede seat and knees, fits most horses as it is a "treeless" saddle. For more info about the saddle visit: <http://www.ansursaddle.com>

This saddle gives a really nice close contact feel and can be a good solution for a hard to fit horse.

New these are \$2145 plus shipping. Asking \$1700.

Contact Soraya@PegaStar.net or cell 719-339-8460

(Do Not call my home ph please! :-)

For Sale: 9 yr old 15.3h dk bay Thor. gelding.

Has been introduced to jumps. GREAT ground manners, no physical problems, vetted twice yearly, feet trimmed every 8 weeks. As of late has been a "pasture potato" due to owner having little time and also owner has bad back so jumping is out of the picture. He must go to a caring home.

Ginny 495-4139

For Sale: 9 yr. old very tall and narrow 16.2 h.

Thoroughbred gelding. Very quiet. Suitable for training and first level dressage. Jumps very quietly. Will pack beginner around. Needs hock maintenance. Perfectly mannered in trailer. \$3000. Call Lindsey at (719) 339-4200.

For Sale: Leggy 15.1 nine yr. old paint gelding.

Very friendly. Jumps 2'9" easily. Very quiet in arena and on trail. Trailers well. Rough trot, so best suited to an intermediate beginner or beyond. \$3200.00 Call Judy Carnick 685-4134.

Special Sale - \$7500 OBO. 1994 Sooner aluminum 2-horse slant load trailer with super-size dressing room. Oversize stalls. Lots of great features. Bumper pull. Good condition, excellent tires. 719-593-7310

FYI: Effective 1/1/03 the rental price for renting one of the dressage arenas will increase to \$50 per arena.



Custom Made Horse Trailer Awnings

Made for any size horse trailer. Never be without shade again! Raises and lowers easily in about a minute. Lowest price available anywhere. Custom Installation included. Leading national brand manufactured in Colorado. Buy now, before the show season and save! Contact: Edward or Jane McBride (719) 598-4496 mcbride@pcisys.net

4-Horse Slant Aluminum Gooseneck

Trailer For Sale: Lots of extras!

*2 flood lights for night loading and great for camping. New heavy-duty battery for inside lights & outside flood lights, wonderful for camping when not hitched up.

*Plug for battery powered plug-in dual ice chest/food warmer or for a fan, super for horse shows.

*New floor installed 3yrs ago.

*Measurements: dividers 7' 6" long, stalls 33" wide, 7' tall, short wall of dressing room 33", drop down windows at heads.

*1 Stallion divider, the rest are regular style.

*Tires in very good condition.

*Also has wiring for cameras/TV system, to watch horses in trailer from truck while hauling, good safety feature.

*The 2 cameras with sound and mini TV are optional for \$300.

*1990 Featherlite in Excellent Condition \$9,900, obo. Located just north of Monument. Call Soraya 719-599-3369 or email; Soraya@PegaStar.net

The answer to your prayers (when you want to go away)...College Student, excellent rider and caregiver will housesit your horses and other animals. Call Lindsey Carnick (719) 339-4200.

NEWSLETTER CORRECTION

Latigo Trails trailer-in fee is \$10 per rider.



Stacy Hoffhine Yaap
Artist

voice 719-576-1002
cell 719-200-1027

CSDA Adult Dressage Camp April 11-13, 2003

There is still room – but it's filling up fast!

In addition to Dolly Hannon, Rae Ann Curtis and Debra Hindi clinicians we have planned Christine DeHerrera WEG coverage, Gretchen Moran's session on braiding and polishing for the show, a fashion show by Horse Sportif, show/warm-up ring etiquette, how to earn awards and metals, scribing and show arena setup, and more. Come join the fun! Hurry and sign up today!

DEB HINDI CLINIC

Debra Hindi will be holding a clinic March 21-23, 2003 at Vantage Point Farm and/or Bar 20 Ranch if the weather is good. Debra is a USDF certified instructor through 2nd level. She started her dressage training under Rae Ann Curtis when she was 15 years old, and went on after graduating high school to be a working student for a year with Michael Poulin. She has attended several of Conrad Schumacher's seminars as well as some by Dr. Volker Moritz (Olympic "O" Judge in Germany) just to name a few. She was a CSDA 2002 Adult Camp clinician and will be also for the 2003 Adult Camp. Since last June she has been coming every month from her hometown of Gunnison to offer weekend clinics. Debra's easy going teaching style and expertise has created quite a following, tripling the number of students over the summer. If you are interested in riding with Debra, please contact Janet Alexander (531-5182). Private lessons are \$45/hour, semi-private \$30.00. Vantage Point has a \$10 trailer-in fee.

DR. GAHWYLER CLINIC

There is still plenty of room for auditors at the Dr. Max Gahwyler clinic being held May 19th at the Penrose Equestrian Center indoor arena. Dr. Max Gahwyler, author of the Competitive Edge I: Improving Your Dressage Scores in the Lower Levels, the Competitive Edge II: Moving up the Levels, and the Competitive Edge III: Gravity, Balance and Kinetics of Horse and Rider is also a research Doctor of Medicine, was former president of the American Dressage Institute, the forerunner of the US Dressage Federation, FEI "I" judge, and noted clinician instantly recognized with his pipe and remembered for always having sugar cubes for the horses in his clinics.

A respected "S" judge, teacher and clinician in great demand throughout the country, Dr. Gahwyler has officiated at the Pan American Equestrian Games, U. S. Championships at Gladstone as well as the Canadian National Championships. His educational background includes extensive work with Mr. Hans Handler, Chief for the Spanish Riding School in Vienna, Austria and he worked diligently from the earliest days to bring such masters as Nuno Oliveira, Hans Handler, Karl Mikolka, Herbert Rehbein and others to US dressage riders.

If your interested in auditing a wonderful day of diverse rides, please fill out the form below and return it with your money as soon as possible to Heather Petersen, 5575 Heatherbrook Ct, Colorado Springs, CO 80915. Email slush@drgw.net with any questions. \$20 in advance, \$25 at the door.

NAME _____

ADDRESS _____

CITY _____

STATE _____ ZIP _____

PHONE _____

EMAIL _____

LOCAL HORSES NEED HELP

(BY JANET CHIESNA)

I am trying to do what I can to see that 16 abandoned horses are saved from the slaughter house.

Some time ago Dave and Katie Burns of Rajan Arabians, Calhan, Co, abandoned 19 horses. It is not known how long the horses went without food before they were discovered. One has died and 2 have been rescued. The rest are temporarily being cared for by La Cheval Ranches, Fountain, CO 719-382-7908. The contact person there is Debi. The ranch owner is Buck Tinsley but he has been quite ill. His daughter, Tammy's number is 719-683-3594.

2 years ago I sold a mare to someone on a contract and she was boarded with Katie Burns. She left here in excellent healthy condition and weighed 1000+ lbs. She came back last Saturday abused, depressed and a rack of bones at 750 lbs. Another mare has been returned to her owner in the same condition. I am hoping maybe some of these horses belong to someone other than the Burns'. I have contacted the registry to see if they can check into that for me. If you know anyone who may own one of these horses, please forward this information to them. If not, if you know of anyone who may be able to rescue any please let them know about them. I was told that if they go to auction, they will end up with the killers. La Cheval Ranches plans to foreclose, then send them to auction. This is going to happen pretty soon. Any help would be appreciated by the horses. Following is the list of horses. I copied it from a zipped email, some of which was hard to read so there may be some mis-spellings.

Registered Arabian Stallions:

High Ele Gahnce 1995 Chestnut AHRA #519365
Kida Prince Valor 1997 Bay AHRA #550099
ACDS Gandalf 1999 Chestnut AHRA #569348

Arabian Stallions - registration pending:

Rajan Tahmaas 2001 Black AHRA #pending

Registered Arabian Mares:

LB Susannah 1987 Grey AHRA #383516
Keyahsah 1993 Bay AHRA #498367
Kalinda II Kamar 1997 Bay AHRA #580403
Dominicq 1996 Bay AHRA #536976
Redlina 1998 Chestnut AHRA #560109

Arabian Mares registration pending:

Rajan Maarqada 2001 Bay AHRA #pending
Rajan Nasheeta 2002 Bay AHRA #pending
Rajan Legahcy Blue 2001 Bay AHRA #pending
Rajan Apia Gahlan 2001 Grey AHRA #pending
Rajan Dedicqation 2000 Bay AHRA #pending

Half-Arabian National Show Horse:

Calico Cameo 1984 Bay Tobiano Mare IAHA
#1A248174
NSH #003118-84-NAS

Palomino:

King of Hearts 2000 Palomino Stallion PHA
#pending

Sincerely,
Janet Chiesna

Central CDS Amateur Clinic

By Bonnie

Before setting out for the Clinic I heard that Francis Verbeek was very good and very tough. After attending the clinic I would describe her as brilliant with boundless energy determined beyond imagination to get results. Her message was simple. You must make progress with each ride. Her determination and enthusiasm was so contagious that no one bothered to notice the tough part. We, as a group, were swept away with the resolve to improve. She expressed to most riders, "You can't expect to get results by just sitting on your horse going around in circles. You must do something." For the duration of the clinic she told us what to do with such clarity and precision that we were able to make consistent progress.

As she gave clear, well timed instructions, she would remind us that she could teach us, but we had to teach ourselves to feel what we were doing, so we could remember the feeling and do it later without her. That reminded me that Debbie MacDonald said at an interview with Lilo Fore at the 2002 USDF Annual Meeting that she (Debbie) didn't start out feeling how to ride, rather she had to learn to feel through consistent good instruction.

Francis began every session with emphasis on the "Basics." In fact, most riders spent most of the sessions practicing the basics of forward with

activity from the hind legs and working the horse over the back with the right amount of flexion and bend. To get your horse in front of your leg with engagement, you needed to get a response to your aids. She often said, "You give your horse a direction, you get no response and you accept the lack of response. So, you teach your horse to do nothing." The constant clear message from Francis to the rider to the horse was to go forward with activity from behind, pushing your horse forward with as strong an aid as you needed to get a response and then rewarding your horse by riding with harmony. She emphatically told you, "More, more, more," or, "Not more." Sometimes, she said, "Stop pushing so hard."

All the while she coached you when and how much flexion or bend to add and when to let go of the flexion or bend. Simultaneously, she coached you how to get the horse round, where to sit, how much leg aid to use and when and how to supple and half halt your horse. Her directions were so repetitively precise that the horses and riders improved from moment to moment. When you went back to an old habit or flaw you heard about it in an instant. When you eased the flexion or the half halt, but lost the connection she described, "You must always keep the connection." She was hypnotic to the point of being seductive. You could not help but ride better. It felt like she was riding the horse from the ground, and all you had to do was to be receptive and there would be a positive result.

She emphasized making transitions from gait to gait and transitions within a gait with fluidity. Almost everyone at the clinic did spirals in and spirals out at the trot and the canter. I never understood the value of the spiral to balance and strengthen your horse. She instructed that the point of the spiral is to build strength and balance without sacrificing the forward attitude of the horse. If the spiral became so tight that you lost forwardness she would tell you to move out of the spiral. She emphasized the same concept with ten-meter circles. So, I guess riding is simple. Ha, Ha! If you do it right it works, and if you don't do it right, it doesn't work.

An image of Goldilocks and the Three Bears comes to mind when I think of the clinic. The porridge or flexion cannot be too hot or too cold, rather it has to be just right. The chair or the half halt cannot be too big or too small, but just right. The leg aid for

forward cannot be too strong or too weak but just right. And all of this simultaneously, of course, sitting with just the accurate amount of weight in the appropriate hip with the correct roundness. Just as Goldilocks was impressionable, had good instincts, paid attention and ultimately felt her way to good decisions, so too, we at the clinic were able to open our senses to "feel" how our aids could help us escape the bad, and experience the magic of good, balanced dressage riding.

The words for riding aids that I have read and heard so often took on a new meaning. I realized I had often been sacrificing forwardness for roundness and collection. During the clinic I was able to cross over some bridges from the academic understanding to the feeling in my aids because Francis Verbeek is a master instructor. She helped the students develop that elusive feeling of riding the whole horse from back to front. She cautioned, "Don't ride your horse in three pieces, you must ride the whole horse." When you faltered she took you through the aiding system once again until you found that feeling of forward balance. Under the stress of the work when my horse wouldn't go forward, choosing instead to stop and to rear, Francis took her by the left rein, placed the flexion and ran with us instructing me just when to deliver the aid to canter. That is true dedication to the amateur rider.

You can probably tell that I think auditing her Southern CDS Amateur clinic May 8-11 would be worthwhile.

THIS'LL KILL YOU

The Japanese eat very little fat and suffer fewer heart attacks than the British or Americans. On the other hand, the French eat a lot of fat and also suffer fewer heart attacks than the British or Americans. The Japanese drink very little red wine and suffer fewer heart attacks than the British or Americans. However, the Italians drink excessive amounts of red wine and also suffer fewer heart attacks than the British or Americans.

Conclusion: Eat & drink what you like. It's speaking English that kills you.

CALENDAR OF EVENTS

March 18 – CSDA General Meeting at PEC – Sirloin Room, 6:30pm.

March 22 – Dressage Schooling Show at Penrose Equestrian Center

March 29 – Dressage Schooling Show at Five Star Ranch

April 11-13 – CSDA Adult Dressage Camp at Five Star Ranch

April 12 – Dressage Schooling Show at Penrose Equestrian Center

April 13 – RMDS show at Pendragon Stud, Larkspur, CO

April 15 – CSDA General Meeting at PEC – Sirloin Room, 6:30pm

April 19 – Dressage Schooling Show at Aspen Ridge Equine Hospital, Monument, CO

May 4 – Dressage Schooling Show at Desert Skye, Black Forest, CO

May 16 – CSDA RMDS show at Penrose Equestrian Center, Colorado Springs, CO

May 17-18 – CSDA Dressage at the Peak. Judges Dr. Max Gahwyler, Sue Blinks and Lois Heyerdahl

May 19 – CSDA hosts clinician Dr. Max Gahwyler at Penrose Equestrian Center, Colorado Springs, CO

MORE LOCAL HELP NEEDED!

More horses have been rescued locally and are in desperate need of help. There are some very nice horses that will be available for adoption soon and some PMU foals. Hay, grain, money and manpower are all required. You can receive receipts for all your donations. For more information please check out www.hcfrescue.com, call (719) 494-0158, or stop by Hunting Crest Farms Rescue & Rehab at 16750 Thomspson Rd, Black Forest, CO 80908.



CSDA Newsletter
5575 Heatherbrook Ct
Colorado Springs, CO 80915

**VIA FIRST
CLASS MAIL**